



sept-dec
2025

INCLUSIVE PRACTICES WORKSHOPS

september 17
6:30 –8:30 pm

[register](#)

november 19
6:30 –8:30 pm

[register](#)

Cultural Humility

To enrich our own understanding of culture, we must first reflect on our own cultural identities. During this session, participants will reflect on what culture means to them, and identify how our thoughts are influenced by our cultural identities, and impact our interactions with others. The purpose of this workshop is to enhance the mental health and well-being of educators, and foster their efforts at building community with the children and families they serve.

Social & Emotional Development

The first five years of a child's life are very important. A child's healthy social and emotional development forms a foundation for lifelong learning and mental health. Children's social and emotional development is deeply linked to healthy adult[1]-child relationships. In this workshop, you will identify social and emotional milestones, and the qualities of engagement between adult and child that support healthy development. You will also reflect on how your own qualities of engagement with children and families is a powerful tool for supporting developmental progress.

october 15
6:30 –8:30 pm

[register](#)

december 10
6:30 –8:30 pm

[register](#)

Trauma Informed Care

Supporting others who have experienced trauma can be a difficult task. In this session, participants will identify the different types of trauma, and the types of experiences that can have traumatic impacts; describe the principles of trauma-informed care that we practice when working in a trauma-informed way; and, investigate how this information applies to ourselves and our unique role in trauma-informed care.

Understanding Grief & Loss

Grief is a complex emotion and experience that we all experience at one time or another. How we make space for grief and loss in our own lives, as well as the lives of children and families, can have a significant impact on healing. In this workshop, participants will describe the many types of grief and loss, identify skills for responding to others' grief and loss, and investigate strategies for coping with personal grief and loss.

NOTE: WORKSHOPS WITH LESS THAN 10 REGISTRANTS WILL BE CANCELLED.

QUESTIONS? EMAIL: professionallearning@kidsincluded.ca

Scan QR code for all
registration links

